



## TRUE FREEDOM IS COMPLETE SURRENDER

January 3 & 4, 2026

### 5 Areas We Believe We Need a Tight Grip On

- Our \_\_\_\_\_.
- Our \_\_\_\_\_.
- Our \_\_\_\_\_.
- Our \_\_\_\_\_.  
(perfectionistic, fame, social media, sports, etc.)
- Our \_\_\_\_\_.

### 3 Realizations to Help Loosen My Grip

1. The tighter the grip, the greater the realization that my hand is actually “\_\_\_\_\_.”
2. The tighter the grip, the greater the \_\_\_\_\_ life puts on me.
3. The tighter the grip, the greater the potential to \_\_\_\_\_ all freedom.

### James 4:14 (TPT)

But you don't have a clue what tomorrow may bring. For your fleeting life is but a whisper in the wind, a puff of smoke that appears for a moment and then vanishes!

**Jesus invites us to something greater, freer, lighter, and more peaceful.**

The Bible calls it \_\_\_\_\_.

### Matthew 6:33 (NLT)

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

**Jesus says, “If you give Me first place, I’ll remove**

\_\_\_\_\_ **from every place.”**

### **Matthew 7:24-27 (NLT)**

Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock. But anyone who hears my teaching and doesn't obey it is foolish, like a person who builds a house on sand. When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.

**Builder #1 – Surrender builds on \_\_\_\_\_.** (verses 24-25)

**Builder #2 – Selfishness builds on \_\_\_\_\_.** (verses 26-27)

## **3 Realities of Complete Surrender**



\_\_\_\_\_ everything to God frees my heart  
from fear.

### **Matthew 6:31-32 (NLT)**

"So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear? These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.'"

### **Romans 12:1-2 (TPT)**

Beloved friends, what should be our proper response to God's marvelous mercies? I encourage you to surrender yourselves to God to be his sacred, living sacrifices. And live in holiness, experiencing all that delights his heart, for this becomes your genuine expression of worship. Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in his eyes.

### **Genesis 22:10-12 (NLT)**

And Abraham picked up the knife to kill his son as a sacrifice. At that moment the angel of the Lord called to him from heaven, "Abraham! Abraham!" "Yes," Abraham replied. "Here I am!" "Don't lay a hand on the boy!" the angel said. "Do not hurt him in any way, for now I know that you truly fear God. You have not withheld from me even your son, your only son."



\_\_\_\_\_ my desires puts God back in His  
rightful place at the center of my life.

### **Matthew 6:33 (NLT)**

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

### **1 John 2:15-17 (TPT)**

Don't set the affections of your heart on this world or in loving the things of the world." The love of the Father and the love of the world are incompatible. For all that the world can offer us—the gratification of our flesh, the allurements of the things of the world, and the obsession with status and importance—none of these things come from the Father but from the world.

### **Genesis 3:1b (NIV)**

[Satan asked,] "Did God really say..."



\_\_\_\_\_ to God's control invites His  
**peace back into my life.**

### **Matthew 6:34 (NLT)**

So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.

### **Isaiah 26:3 (NLT)**

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

### **John 14:27 (NLT)**

"I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid."

## **Practical Ways to Give, Yield, and Submit to God Every Day:**

1. \_\_\_\_\_ **each day by praying with** \_\_\_\_\_ **hands.**  
(Simply say: "God, everything I have is Yours – Lead me. Calm me. Guide me. Hold me.")
2. \_\_\_\_\_ **God control of** \_\_\_\_\_ **area of my life each day.**  
(My schedule, my budget, my relationships, my decisions.)
3. \_\_\_\_\_ **what I cannot control.**  
(My past, my fears, my burdens, my future.)



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- Our family.
- Our friendships.
- Our fun.
- Our fixations.  
(perfectionistic, fame, social media, sports, etc.)
- Our finances.

### 3 Realizations to Help Loosen My Grip

1. The tighter the grip, the greater the realization that my hand is actually "empty."
2. The tighter the grip, the greater the pressure life puts on me.
3. The tighter the grip, the greater the potential to lose all freedom.

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**The Bible calls it surrender.**

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**Giving everything to God frees my heart from fear.**

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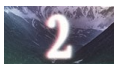
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**Yielding my desires puts God back in His rightful place at the center of my life.**

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**Submitting to God's control invites His peace back into my life.**

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- 2. Give God control of one area of my life each day.**  
(My schedule, my budget, my relationships, my decisions.)
- 3. Release what I cannot control.**  
(My past, my fears, my burdens, my future.)